Support aging New Yorkers
Help us make the city a better place to grow old.
Create a fund in The New York Community Trust.

PROMOTE HEALTH AND WELLNESS
To make sure seniors stay healthy, we’ve helped:

• Organize older adults to be leaders in their communities, bringing healthy eating to public housing developments and nurturing community gardens, for example.

• Provide mental health care, counseling, and other services in naturally occurring retirement communities.

AGE AT HOME
Seniors usually prefer to stay at home rather than in a hospital, nursing home, or care facility. We’ve helped:

• Advocate for improvements to the city’s paratransit program so older adults can continue to travel independently.

• Train home-care workers to better assist aging clients with specialized needs.

• Develop programs to help seniors manage their money and connect with peers.

GET MOVING: With our support, Lifetime Arts is improving arts and culture offerings at senior centers throughout the city.

IMPROVE SENIOR CENTERS
Growing old can be lonely. Our grants help the city’s senior centers meet the needs of diverse older adults. We’ve helped:

• Bring health services, art classes, and leadership opportunities to senior centers in low-income neighborhoods.

• Strengthen centers that support LGBTQ seniors, retired artists, and Latino and South Asian communities.

Continued on reverse.

ENJOYING LIFE: We’re dedicated to helping older New Yorkers stay healthy and engaged by funding leadership, arts, and wellness programs. Above is a participant in a Trust-supported writers workshop. Photo by Ari Mintz for The Trust

BUILDING COMMUNITY: A senior center in Queens welcomes aging LGBTQ New Yorkers. Our funding helps the center provide them with health, recreational, and other services. Photo courtesy of Queens Community House

Create a charitable legacy that stands the test of time.
Contact Jane Wilton at (212) 686-2563 or janewilton@nyct-cfi.org.
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LIVING WITH SUPPORT: The Trust is dedicated to supporting elders who are homebound or need extra aid.

KEEPING OUR CITY AGING-FRIENDLY
As we age, it can become difficult to stay active in our urban environments. To ensure accessibility, we’ve helped:

- Make sidewalks and transit easier to negotiate for older adults.
- Provide opportunities for active seniors to improve their neighborhoods through beautifying parks and artistic activities.
- Encourage local businesses to be senior-friendly by ensuring accessibility, providing delivery and shopping guides, and offering age-oriented classes (such as yoga and self-defense).

ON THE ROAD: The Trust’s support has made it easier for elders to explore our urban environment and get to their appointments on time. Photo by Adam E. Moreira for Wikimedia Commons

SERVING FRAIL ELDERS
For New York’s elders who are unable to continue living without support, we’ve helped:

- Develop programs to help seniors who need legal guardians.
- Create guides to help vulnerable seniors and their families discuss end-of-life care.
- Expand visiting services for homebound elders.

The New York Community Trust is a grantmaking foundation dedicated to improving the city and its suburbs. It connects individuals, families, foundations, and businesses with vital nonprofits working to make a healthy, equitable, and thriving community, today and tomorrow.

LONG ISLAND COMMUNITY FOUNDATION
900 Walt Whitman Rd., Ste. 205
Melville, NY 11747
licf.org

THE NEW YORK COMMUNITY TRUST
909 Third Ave., 22nd Fl.
New York, NY 10022
nycommunitytrust.org

WESTCHESTER COMMUNITY FOUNDATION
210 N. Central Park Ave., #310
Hartsdale, NY 10530
wcf-ny.org

Become a donor—serve our seniors.
Contact Jane Wilton at (212) 686-2563 or janewilton@nyct-cfi.org.