Make New York a healthier city
Patient-centered, cost-effective, coordinated, and innovative health care benefits everyone. Join us in helping New Yorkers stay healthy.

Create a charitable legacy that stands the test of time.
Contact Jane Wilton at (212) 686-2563 or janewilton@nyct-cfi.org.

**IMPROVE THE HEALTH SYSTEM**
We’re working to make the health care system more accessible and stronger. We’ve helped:

- Provide screenings, early intervention, and referrals for those in need.
- Strengthen the health safety net for the uninsured and underinsured.
- Transition health care providers away from a fee-for-service model to the new managed care system.

**ADDRESS BEHAVIORAL HEALTH AND SUBSTANCE USE CHALLENGES**
We help people with behavioral health problems get treatment and lead independent lives by:

- Offering aid and programs to help with housing, employment, and education to those undergoing treatment and therapy.
- Testing phone apps to help those with depression communicate with care providers.
- Deploying nurse practitioners to coordinate and deliver health and behavioral health services.

**SUPPORT BIOMEDICAL RESEARCH**
Thanks to donors who set up funds to prevent or cure diseases, The Trust funds research projects for cancer and other diseases, primarily by supporting early-career researchers. We’ve helped:

- Test and pioneer new treatments for breast, eye, and bone cancers.
- Capitalize on stem cell use for research in Parkinson’s and cardiovascular diseases.
- Map the leprosy genome.

**POCKET HEALTH COACH:** We help Montefiore Medical Center care for teens with new technology.

**SEARCH FOR A CURE:** Health Research uses Trust support to develop drugs to fight drug-resistant infections at labs throughout the state.

**HEALTHY KIDS:** A grant to NYC Health + Hospitals strengthened connections between Gouverneur Hospital and community organizations serving children.

*Continued on reverse.*
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HELP WITH VISUAL DISABILITIES
Some donors who lost their sight started funds in The Trust to prevent blindness or help people with visual impairments live fuller lives. We’ve helped:

- Train and connect blind New Yorkers to jobs.
- Get young people tested for eye problems in school, and provide eyeglasses.
- Provide primary care to home-bound visually impaired elders.

LONG-TERM VISION: Students receive screenings, eye exams, and new glasses from the ChildSight program at MS2 in Brooklyn. Photo courtesy of Helen Keller International

KEEPING HEALTHY
What we eat and where we live, learn, work, and play all have an impact on our health. We’ve helped:

- Support efforts in low-income communities to provide healthy and safe housing, parks and open space for exercise, and convenient sources of fresh, affordable produce.
- Create partnerships between hospitals and community health centers to help practitioners better address social factors that impact health.

GETTING ACTIVE: In the South Bronx, we’ve helped grantees expand open spaces and engage communities in healthy living. Photo courtesy of BronxWorks

The New York Community Trust is a grantmaking foundation dedicated to improving the city and its suburbs. It connects individuals, families, foundations, and businesses with vital nonprofits working to make a healthy, equitable, and thriving community, today and tomorrow.

THE NEW YORK COMMUNITY TRUST
909 Third Ave., 22nd Fl.
New York, NY 10022
nycommunitytrust.org

LONG ISLAND COMMUNITY FOUNDATION
900 Walt Whitman Rd., Ste. 205
Melville, NY 11747
licf.org

WESTCHESTER COMMUNITY FOUNDATION
210 N. Central Park Ave., #310
Hartsdale, NY 10530
wcf-ny.org

Become a donor—make a healthy New York.
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