

# Make New York a healthier city

Patient-centered, cost-effective, coordinated, and innovative health care benefits everyone. Join us in helping New Yorkers stay healthy.



**HEALTHY KIDS:** A grant to NYC Health + Hospitals strengthened connections between Gouverneur Hospital and community organizations serving children.

## ADDRESS BEHAVIORAL HEALTH AND SUBSTANCE USE CHALLENGES

We help people with behavioral health problems get treatment and lead independent lives by:

- Offering aid and programs to help with housing, employment, and education to those undergoing treatment and therapy.
- Testing phone apps to help those with depression communicate with care providers.
- Deploying nurse practitioners to coordinate and deliver health and behavioral health services.

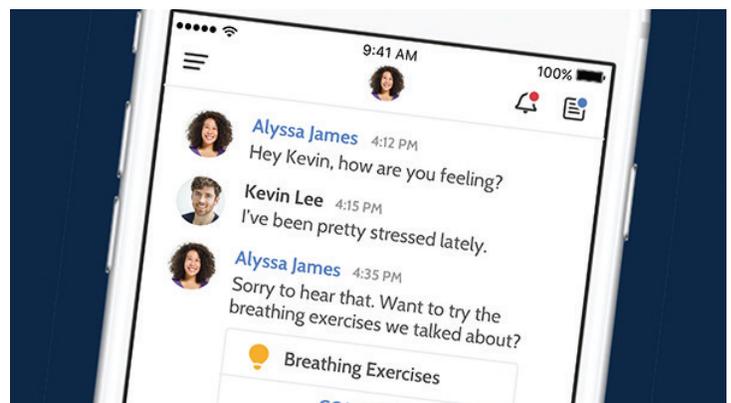


**SEARCH FOR A CURE:** Health Research uses Trust support to develop drugs to fight drug-resistant infections at labs throughout the state.

## IMPROVE THE HEALTH SYSTEM

We're working to make the health care system more accessible and stronger. We've helped:

- Provide screenings, early intervention, and referrals for those in need.
- Strengthen the health safety net for the uninsured and underinsured.
- Transition health care providers away from a fee-for-service model to the new managed care system.



**POCKET HEALTH COACH:** We help Montefiore Medical Center care for teens with new technology.

## SUPPORT BIOMEDICAL RESEARCH

Thanks to donors who set up funds to prevent or cure diseases, The Trust funds research projects for cancer and other diseases, primarily by supporting early-career researchers. We've helped:

- Test and pioneer new treatments for breast, eye, and bone cancers.
- Capitalize on stem cell use for research in Parkinson's and cardiovascular diseases.
- Map the leprosy genome.

*Continued on reverse.*

**Create a charitable legacy that stands the test of time.  
Contact Jane Wilton at (212) 686-2563 or [janewilton@nyct-cfi.org](mailto:janewilton@nyct-cfi.org).**

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**LONG-TERM VISION:** Students receive screenings, eye exams, and new glasses from the ChildSight program at MS2 in Brooklyn. Photo courtesy of Helen Keller International

## HELP WITH VISUAL DISABILITIES

Some donors who lost their sight started funds in The Trust to prevent blindness or help people with visual impairments live fuller lives. We've helped:

- Train and connect blind New Yorkers to jobs.
- Get young people tested for eye problems in school, and provide eyeglasses.
- Provide primary care to home-bound visually impaired elders.

## KEEPING HEALTHY

What we eat and where we live, learn, work, and play all have an impact on our health. We've helped:

- Support efforts in low-income communities to provide healthy and safe housing, parks and open space for exercise, and convenient sources of fresh, affordable produce.
- Create partnerships between hospitals and community health centers to help practitioners better address social factors that impact health.



**GETTING ACTIVE:** In the South Bronx, we've helped grantees expand open spaces and engage communities in healthy living. Photo courtesy of BronxWorks

The New York Community Trust is a grantmaking foundation dedicated to improving the city and its suburbs. It connects individuals, families, foundations, and businesses with vital nonprofits working to make a healthy, equitable, and thriving community, today and tomorrow.



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